Flexible stick (bamboo) 25cm plus
3 round sticks 15cm plus

Potatoe, advocardo seed, onion etc

Sharpen the ends of the long stick and push in well.

Hold the 2 sticks at the end and make the potato swing round and round.

Rotate the potatoe around the 2 sticks.
If it is too stiff to turn make the flexible stick thinner.
If you hold the 2 sticks too high up or too firmly it will not sew.

If there are no flexible sticks this is as good.
The middle stick must leave enough space for the 2 sticks to go into, not too loosely or too tight.